



In the upcoming text revision of the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR), a fourth example, major depressive episode superimposed, was added to the other specified depressive disorder.

Rationale for Change

Example 4: The example, major depressive episode superimposed, was added to other specified depressive disorder. This example applies when a major depressive episode occurs concurrently with a psychotic disorder that does not have mood episodes as part of its diagnostic criteria.

DSM is the manual used by clinicians and researchers to diagnose and classify mental disorders. The American Psychiatric Association (APA) will publish DSM-5-TR in 2022.

APA is a national medical specialty society whose more than 37,400 physician members specialize in the diagnosis, treatment, prevention, and research of mental illnesses, including substance use disorders. Visit the APA at www.psychiatry.org. For more information, please contact APA Communications at 202-459-9732 or press@psych.org.

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